



SPECIALIZED TRAINING PROGRAMS

COCHRANE WOLVES FC

PROGRAM GUIDE

OUTDOOR 2025

APRIL 2025 – SEPTEMBER 2025



SPECIALIZED TRAINING PROGRAMS

Individual Player Development

OUTLINE

To support the needs of our ever-growing membership we are offering specialized training programs. Each program has a specific technical area of focus and will be designed to enhance/improve players technical competencies specifically.

DETAILS



Striker School
Shooting & Finishing

SPRING

- 8 Sessions
- Mondays 6:15-7:15pm

DATES

- April 28
- May 5, 12, 26
- June 2, 9, 16, 23

LOCATION

TBC

COST

\$150



Technique Development

SPRING

- 8 Sessions
- Mondays 6:15-7:15pm

DATES

- April 28
- May 5, 12, 26
- June 2, 9, 16, 23

LOCATION

TBC

COST

\$150



Goalkeeper Training

SPRING

- 8 Sessions
- Mondays 6:15-7:15pm

DATES

- April 28
- May 5, 12, 26
- June 2, 9, 16, 23

LOCATION

TBC

COST

\$150

REGISTRATION

Goes live on January 15

Early Bird Pricing runs until February 2

Registration Deadline is March 5, 2025.



SPECIALIZED TRAINING PROGRAMS

Individual Player Development

SHOOTING AND FINISHING SCHOOL



Striker School
Shooting & Finishing

Our individualized shooting and finishing training is a personalized approach to improving your shooting and finishing skills.. This approach is tailored to your specific needs and goals, considering your strengths, weaknesses, and learning style..

TECHNICAL DEVELOPMENT

Elevate your soccer game with personalized training! Our expert coaches will tailor a program to your unique needs, focusing on technical skills, and tactical awareness. Our goal will be to design a program to enhance players all-round technical ability.



Technique Development

GOALKEEPER TRAINING



Goalkeeper Training

Elevate your goalkeeping game with our specialized training program! Our Goalkeeper coaches will refine your technique, enhance your agility, and strengthen your mental fortitude, ensuring you become a dominant force between the posts.