



U4-U6 MINI WOLVES PROGRAM

COCHRANE WOLVES FC

PROGRAM GUIDE

OUTDOOR 2025

APRIL 2025 – SEPTEMBER 2025



MINI-WOLVES PROGRAM OVERVIEW U4-U6 Community Stream

Criteria	U4	U5	U6
Ages/Birth Year	▪ 2021	▪ 2020	▪ 2019
Practice Locations	<ol style="list-style-type: none"> Bow Ridge Matt Krol Gleneagles Park 	<ol style="list-style-type: none"> Bow Ridge Matt Krol Gleneagles Park 	<ol style="list-style-type: none"> Bow Ridge Matt Krol Gleneagles Park
Program Options	Choose 1-2 times from any location	Choose 2 days a week that best suits your schedule	Choose 2 days a week that best suits your schedule
Bow Ridge Practice Days/times	<ul style="list-style-type: none"> Mon, Tue, Wed 4-4:50pm OR 5-5:50pm Saturday 8-8:50am 	<ul style="list-style-type: none"> Mon/Wed 4-4:50pm OR 5-5:50pm Tue/Thur 4-4:50pm OR 5-5:50pm. Saturday 8-8:50am 	<ul style="list-style-type: none"> Mon/Wed 4-4:50pm OR 5-5:50pm Tue/Thur 4-4:50pm OR 5-5:50pm. Saturday 8-8:50am
Matt Krol (Girls) Practice Days/times	<ul style="list-style-type: none"> Monday/Wednesday 5-5:50pm 	<ul style="list-style-type: none"> Monday/Wednesday 5-5:50pm 	<ul style="list-style-type: none"> Monday/Wednesday 5-5:50pm
Gleneagles Park Practice Days/Times	<ul style="list-style-type: none"> Tuesday/Thursday: 5-5:50pm 	<ul style="list-style-type: none"> Tuesday/Thursday: 5-5:50pm 	<ul style="list-style-type: none"> Tuesday/Thursday: 5-5:50pm
Regular Program	▪ 1 or 2 Session Per Week	▪ 2 Sessions Per Week	▪ 2 Sessions Per Week
Academy Session	▪ N/A	▪ N/A	▪ 1 Academy Session (Optional)
Kit/Uniform	<ul style="list-style-type: none"> Tim Bits Jersey, Shorts, Socks FREE – Collect at fields 	<ul style="list-style-type: none"> Tim Bits Jersey, Shorts, Socks FREE – Collect at fields 	<ul style="list-style-type: none"> Tim Bits Jersey, Shorts, Socks FREE – Collect at fields
Playing Format	▪ 3v3	▪ 3v3	▪ 3v3
Coaching Requirements	<ul style="list-style-type: none"> NCCP Coach Training (Active Start) Respect in Sport 	<ul style="list-style-type: none"> NCCP Coach Training (Active Start) Respect in Sport 	<ul style="list-style-type: none"> NCCP Coach Training (FUNdamentals) Respect in Sport
Practice Format	<ul style="list-style-type: none"> 60% Practice 40% Game 1. Physical Literacy 2. Skill Building Activity 3. Fun Game 4. 3v3 Game 	<ul style="list-style-type: none"> 60% Practice 40% Game 1. Physical Literacy 2. Skill Building Activity 3. Fun Game 4. 3v3 Game 	<ul style="list-style-type: none"> 60% Practice 40% Game 1. Physical Literacy 2. Skill Building Activity 3. Fun Game 4. 3v3 Game
Practice Duration	▪ 50 Minutes	▪ 50 Minutes	▪ 50 Minutes
Program Dates	<ul style="list-style-type: none"> Season Block: Apr 28 to Sep 30 Spring: Apr 28 to Jun 22 Summer: Jul 7 – Aug 17 Fall: Sep 2-30 	<ul style="list-style-type: none"> Season Block: Apr 28 to Sep 30 Spring: Apr 28 to Jun 22 Summer: Jul 7 – Aug 17 Fall: Sep 2-30 	<ul style="list-style-type: none"> Season Block: Apr 28 to Sep 30 Spring: Apr 28 to Jun 22 Summer: Jul 7 – Aug 17 Fall: Sep 2-30
Cost	<ul style="list-style-type: none"> Season Pass: \$200 Spring: \$90-\$135 Summer: \$60-\$85 Fall: \$50 	<ul style="list-style-type: none"> Season Pass: \$300 Spring: \$175 Summer: \$130 Fall: \$90 	<ul style="list-style-type: none"> Season Pass: \$300 Spring: \$175 Summer: \$130 Fall: \$90



MINI-WOLVES PROGRAM U4-U6 *Community Stream*

OUTLINE

Our Mini Wolves Programs are designed to provide a FUN introduction to the sport where children can learn at their own pace, and play with friends. We aim to provide a positive environment that fosters a love of the sport.

DETAILS

SEASON DATES

- **SPRING** runs April 28 to June 22
- **SUMMER** runs July 7 to August 17
- **FALL** runs September 2 to September 30

LOCATIONS

This outdoor our skill-centre program will run in 3 locations.

1. Bow Ridge Field
2. Matt Krol Park
3. Gleneagles Park

KIT / UNIFORM

- ☐ FREE Tim Bits Uniform

ROSTERS

Players will be placed in set rosters for the program. Players will be grouped based on age and gender.

GIRLS ONLY OPTION

This outdoor season we will be running a dedicated girls program at Matt Krol.

COACHING

All teams will have a dedicated coach who will have completed [NCCP Training](#)

VOLUNTEER COACHES

If you are interested in an Assistant or Lead coaching role please complete this [form](#).

PRACTICE FORMAT

- Sessions will be delivered in 4 parts.
- Physical Literacy > Skill Building > Fun Game > 3v3 Game
- 60/40 Ratio Practice | Game

REGISTRATION

Goes live on January 15

Early Bird Pricing runs until February 2