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## PARENTS NIGHT

P R E S E N T A T I O N S E P T 30, 2024



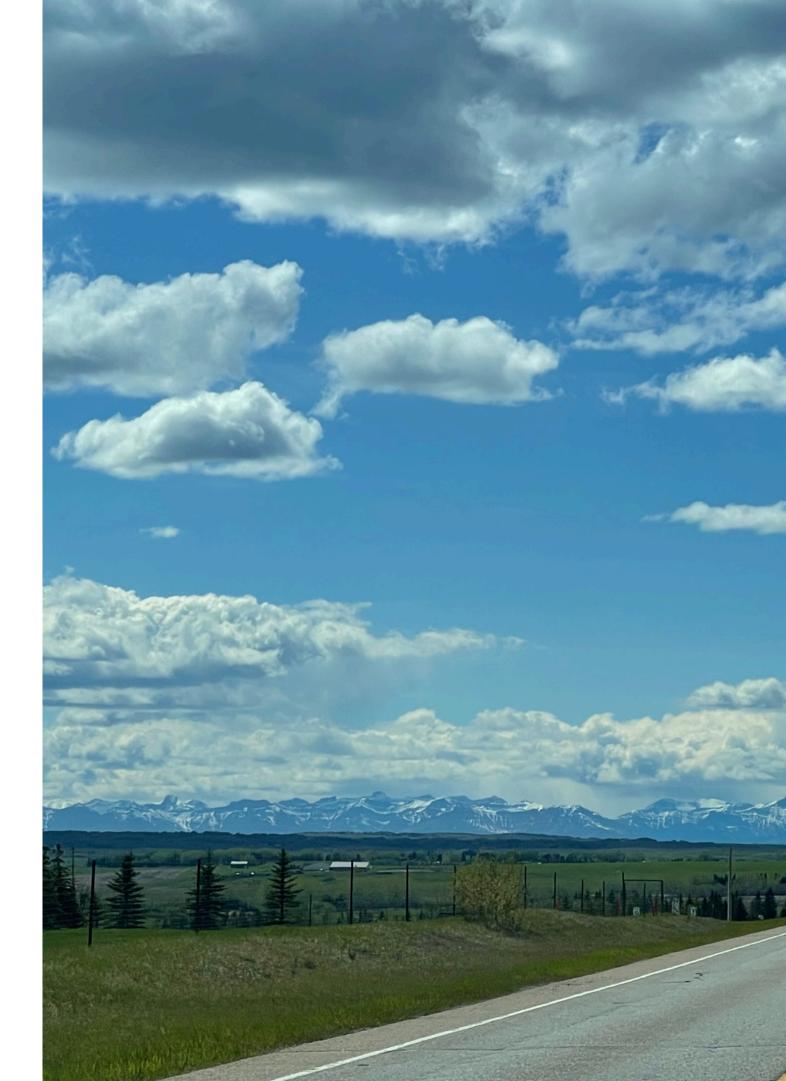
## Land Aknowledgement

Cochrane Wolves FC gratefully acknowledges that we live, work, and play on the on the traditional territories of the Treaty 7 region of Southern Alberta. This includes the Blackfoot Nations – the Siksika, the Piikani and the Kaiani, the Tsuut'ina and Stoney Nakoda First Nations and the Metis Nation of Alberta, Region 3.

Find more about on

Truth & Reconciliation

<a href="https://www.cochrane.ca/community-culture/truth-reconciliation">https://www.cochrane.ca/community-culture/truth-reconciliation</a>



## Adgenda

- 1. Welcome & Introductions
- 2. Ice Breaker
- 3. Expectations for club, parents & players
- 4. Supporting your Child
- 5. Coaching Styles
- 6. Communication
- 7.Q & A Session



### **Your Turn**

Get into groups of 6 and here's your challenge...

## Come up with 1 truth & 1 false

Elect a speaker for your group who will report back - make sure to remember what your three statements are & which one is the false



#### Wecolme to the Wolves

#### A little about our Team

Scott Ansell

Director of Soccer

CSA A Licence

**Matt Thomas** 

Ambassador of Culture

UEFA A Licence

Claude Bolton

Director of Performance

**USSF A Licence** 

Claire Paterson (she/her)

Head of Coach Development

CSA A Licence

Tariq Bin Zayyad

Technical Staff

UEFA B Licence

Hannah Hawach-Engdahl

Technical Staff

Jonathan Hutton

Mental Performance Consultant

#### Wecolme to the Wolves

### A little about our Team

Rastislav Diky
Technical Staff
UEFA B License

John O'Donnell
Technical Staff
CSA C License

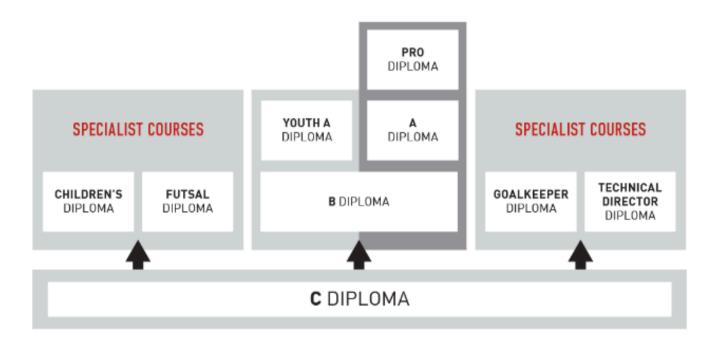
Jose Luis Garcia Technical Staff



#### CANADA SOCCER COACH EDUCATION PROGRAM

#### CANADA SOCCER ADVANCED COACH EDUCATION PROGRAM

ONLINE MODULES + PRACTICAL WORKSHOPS + EVALUATIONS



## Life long Learning -Striving to be the best we can be









#### **COACHING LICENSE PATHWAY** PRO PATHWAY A - YOUTH A-SENIOR PRO В C D GRASSROOTS PATHWAY ONLINE OR IN-PERSON COURSES 11 v 11

"Sucess is no accident. It is hard work, perseverance, learning, studying, sacrifice, and most of all, love of what you doing."

~ Jesse Marsch

## **Break out**





What are your expectations for your child's soccer experience?

## **Break out**





What are your expectations for the club?

Fostering Growth Mindset & the WHOLE Person





# Everyone is here to grow & learn

Club Expectations of Parents & Players

Attitudes

Behaviors

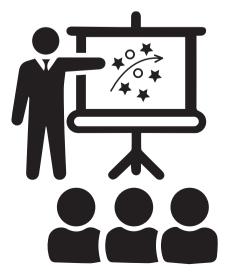
Responsibilities

**Environment** 









# Everyone is here to grow & learn

Club Expectations of Parents & Players

#### **Attitudes**

- Positive
- Respectful
- Empathic

#### Behaviors

- Supportive
- Open Minded
- Accountable

#### Responsibilities

- Prepared
- CommunicateEarly
- Speak Up/Call out

#### Environment

- Inclusive
- Safe
- Welcoming

As a member of a Canada Soccer Quality Soccer Provider Club, we are all responsible for upholding the standards.

## Why do kids play sports?

Because it's **FUN**, they do it because they enjoy it.

## What makes sports FUN?

- Trying your best
- Coach treats players with **Respect**
- Enjoys playing the game
- Get along with teammates
- Being active

## What reduces enjoyment...

Punishment for mistakes

Unrealistic Expectations

Over Emphasis on Winning

Negative Conversations at home

Lack of Connection

Poor coaching



#### We are the Role Models

We as adults in sport can have a profound impact on those around us, we can influence their attitudes, behaviors and aspirations. We can inspire, serve as mentors, and teach important values.



Demonstrate Respect

Model Good Behavior

Enjoy the moment

Remember it's your childs journey





#### Helpful Bystander Behavior

A bystander is a person who observes or learns about an incident of violence. A helpful bystander means having an awareness about your surroundings, being able to identify violent behaviour, and understanding how you can intervene or address violence, if it happens or if you become aware of it.

Helpful Bystander	Hurtful Bystander
Supports the victim by understanding and recognizing harmful behaviours	Does nothing and remains silent when learning of or witnessing harmful behaviours
Intervenes by discouraging negative behaviours, defending the victim or redirecting the situation	Dismisses the negative behaviour as 'no big deal,' 'kids will be kids' or other excuses
Asks the victim what further support they need and refers the victim, as necessary	Instigates or escalates victimization by defending or prompting the aggressor

Financial contribution from





## The Ride Home





Directors:
K. W. Bates
C. Hutchinson (Managing)
Y. S. Todd

#### Chelsea Football Club

Stamford Bridge London SW6 1HS Telephone 071-385 5545 Facsimile 071-381 4831

CHELSEA V WALSALL
F A YOUTH CUP
MONDAY 30TH NOVEMBER 1992, KICK OFF 7.00 PM

JAMES PICKETT ALAN CUMBERBATCH NEIL FEWINGS MATTHEW THOMAS ANDREW POWER CRAIG NORMAN TERRY SKIVERION 4 KARL NORMAN STEPHEN VAUGHAN MICHAEL DUBERRY MATTHEW FORRESTER MUZZIE IZZETT STUART LAKE PAUL HUGHES STAN BOWDER MARTIN BUTLER IAN BLACKWOOD NEIL SHIPPERLEY WAYNE INSTONE JUNIOR MENDES STEVEN MCMANUS TERRY CHRISTIE RICHARD GARDNER JASON MACLELLAN 14 MARK JONES CHRISTIAN METCALFE

Referee: M L JAMES

Linesman: T B GILL (red trim)
A J THOMAS (yellow trim)

10 p

## **Coaching Styles**

#### **COMMAND:**

COACH TELLS & SHOWS
INTENDED OUTCOME OR
SOLUTION

## OBSERVATION & FEEDBACK:

BOTH COACH & PLAYER
OBSERVE TOGETHER

#### **QUESTION & ANSWER:**

COACH ASKS QUESTION TO INSTIGATE A REPLY

#### **GUIDED DISCOVERY:**

COACH ISSUES A
CHALLENGE OR ASKS A
QUESTION

#### **TRIAL & ERROR:**

PLAYER OR COACH DECIDES
ON WHAT THE CHALLENGE
OR TASK MAY BE



## Connecting with Coaches

We encourage your involvement and connecting with your coaching staff.

However, please provide **24 hrs** after a practice or game before sending a communication by email via TeamSnap.

Coaches will be intentional in providing opportunities to connect with parents & players via meetings and on field sessions.



## We are on a Journey Together

Just as we expect players to be open to learning, trying new things and growing. We should expect that from ourselves too!

## We are here for you...

If anything of concern comes up please contact us straight away - we can't fix what we don't know.

Matt Thomas - matt@cochranewolvesfc.ca



# Questions?



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FOR YOUR ATTENTION AND INSIGHTS







#### References:

- She belongs (2020)
  - https://womenandsport.ca/resources/publications/shebelongs/
- Changing the Game Project
  - https://changingthegameproject.com/
- True Sport
  - https://truesportpur.ca/
- Respect in Sport for Parents (\$12) online learning course
  - https://albertasoccerparent.respectgroupinc.com/koala\_ final/
- Support through Sport: Bystandard Empowerment Free online learning course
  - https://www.coach.ca/module/support-through-sportbystander-empowerment

