



MINI WOLVES
U4-U7



U4-U7

Mini Wolves Program



WHAT WE TEACH

Our Mini-Wolves will be introduced to the fundamental skills of soccer throughout each season. The key skills we teach from U4-U7 are; physical literacy, ball-mastery, dribbling, running with the ball and ball-striking.

Players will also learn important social and emotional skills through play such as creativity, critical thinking, group-play, sharing and success/failure.

*Players should **Master the Ball** before you share the ball.*



HOW WE TEACH IT

At the Wolves we believe in creating active and open environments. Our coaches will design activities and games that encourage players to be creative and make decisions.

Each activity/game/exercise will begin with a coach demonstration. Players will then have an opportunity to experience with the coach providing individual or over the top feedback.

Coaches will be energetic, enthusiastic and engaged

No laps, lines or lectures



PROGRAM FORMAT

Our practices/sessions are typically delivered in a station-based/carousel format. This provides players with 3 to 4 different stations per session which are all aligned to the same learning theme.

Our Game-Days will follow Canada Soccer Grassroots Guidelines with appropriate playing formats that progress from 2v2 to 5v5 at these ages.

Smaller Playing Formats = more touches, decisions, goals, FUN



SMALL SIDED GAMES

Small-Sided Games are an important part of our program. Small sided games create an environment where players get more touches, more decisions, more transitions, and more goals!

Within Small-Sided Games players will develop a basic understanding of positioning and spaces. Players will also learn how to support teammates, sportsmanship, respect, and basic fundamentals of the game.

More Touches, decisions, soccer actions & FUN



GOALS & OBJECTIVES

Our primary goal is to provide a FUN and safe soccer experience for every player. Creating positive experiences for players will ensure more children remain in sport long-term & develop healthy lifestyle choices for life.

We aim to develop the foundational skills & physical literacy at these ages so players can develop the tools needed to pursue playing the sport at the level they wish.

Healthy Life Choice



U4-U5

MINI WOLVES PROGRAM Grassroots Development

OUTLINE

Our Mini-Wolves programs are focused on providing a FUN, positive learning experience for every child. Our aim is to support each child in building a relationship with the ball, learn fundamental ball and movement skills, as well as develop important social & emotional skills.

BIRTH YEAR

2020-2021

PROGRAM DATES

Block 1: October 15 – December 16

Block 2: January 6 – March 10

Indoor Pass: October 15 – March 10

LOCATION

SLS Centre, 800 Griffin Road

KIT

FREE Timbits Uniform: Jersey, Shorts & Socks

THE PROGRAM

2 sessions per week | 45 Minutes Per session

PROGRAMMING DAYS

Sessions:

Monday 5-5:45pm

Saturday 8-8:45am

PROGRAM FORMAT

Mondays

Activation > Ball-Mastery > 1v1 Activity > Game

Wednesdays

Ball-Mastery > 1v1 > 2v2 > 3v3

Saturdays

Activation > Ball-Mastery > 1v1 Activity > Game

COACHING STANDARDS

All coaches in the Mini-Wolves program meet the Safe Sport Standards.

COACHING METHODOLOGY

To create a fun, and positive learning environment where we foster a passion of the sport for every child.

GROUPINGS

Players will initially be grouped based on age, with the opportunity to move groups if it is best for the child.

GOALS OF THE PROGRAM

To provide an enjoyable soccer experience.

To provide parents with education and information on our Club values.

GAMES

Our Game-Day with the U4-U5 group will be progressive, building from every player on the ball to 1v1s, 2v2s and finishing with 3v3s. This ensures that all players will get time on the ball every session.

REGISTRATION

Goes live Friday July 19 at noon

10% Discount with Early Bird Pricing

Program space is limited

COST

Block 1 | \$225

Block 2 | \$225

Season Pass | \$375



U6-U7



MINI WOLVES PROGRAM Grassroots Development

OUTLINE

Our Mini-Wolves programs are focused on providing a FUN, positive learning experience for every child. Our aim is to support each child in building a relationship with the ball, learn fundamental ball and movement skills, as well as develop important social & emotional skills.

BIRTH YEAR

2018-2019

PROGRAM DATES

Block 1: October 15 – December 16

Block 2: January 6 – March 10

Indoor Pass: October 15 – March 10

LOCATION

SLS Centre, 800 Griffin Road

KIT

FREE Timbits Uniform: Jersey, Shorts & Socks

THE PROGRAM

2 sessions per week | 55 Minutes Per session

PROGRAMMING DAYS

- Sessions:** Choose **2** of the 3 Days
 - Monday, Wednesday 5-5:55pm
 - Saturday 8-8:55am

PROGRAM FORMAT

- Mondays**
 - Activation/Ball-Mastery > 1v1 Activity > Game
- Wednesdays**
 - 3v3 Game-Day with learning objectives
- Saturdays**
 - Activation/Ball-Mastery > 1v1 Activity > Game

COACHING STANDARDS

All coaches in the Mini-Wolves program meet the Safe Sport Standards.

COACHING METHODOLOGY

To create a fun, and positive learning environment where we foster a passion of the sport for every child.

GROUPINGS

Players will initially be grouped based on age, with the opportunity to move groups if it is best for the child.

GOALS OF THE PROGRAM

- To provide an enjoyable soccer experience.
- To provide an fun, fast paced, and active learning environment.
- To provide parents with education and information on our Club values, pathways and programs.

GAMES

Each session will include 3v3 Games which is the Canada Soccer recommended format of play for these ages. The reasons:

- More Touches
- More Decisions
- More Engagement
- More FUN

REGISTRATION

Goes live Friday July 19 at noon

10% Discount with Early Bird Pricing

Program space is limited

COST

Block 1 | \$275

Block 2 | \$275

Season Pass | \$450